TIGERS BAY & MOUNTCOLLYER POLICING & SAFETY PARTNERSHIP COMMUNITY SAFETY BULLETIN



A Community led Partnership involving Police and other Agencies

Crime?, Anti-Social Behaviour? or Suspicious Activity? - SEE IT?... REPORT IT!!

Report it to local Police on 0845 600 8000 or anonymously on 0800 555 111 (Crimestoppers)

Worried?
Distressed?
Concerned?
Suicidal?
Need Help?

DRUG DANGERS IN THE BAY

Like it or not, illegal drugs are still available in this community. Turning a blind eye is simply not good enough! As a member of this community you will be supported to report to Police any information you have in relation to drug dealing or drug use. Any information you supply to Police will be treated in total confidence. Tigers Bay & Mountcollyer Policing & Safety Partnership is committed to helping this community overcome problems associated with

the supply and use of illegal drugs. In this issue of our community safety bulletin we look at the help available to adults, parents and young people to deal with issues associated with drug abuse. Drugs destroy lives, families and eventually, communities. Organisations like FASA offer confidential support and a range of services. FASA is a Community based professional organisation providing services for those directly or indirectly affected by Substance Misuse or Suicide/Self Harm. Formed in 1995 by local parents in the Greater Shankill area, FASA has developed a range of services designed to cater to geographical and thematic areas of need. More details inside!!

Crime Prevention Advice this Christmas Tigers Bay & Mountcollyer Community Safety

Partnership advises people in this area of the need to ensure that their homes are secure particularly during the autumn and winter months when properties remain in darkness for longer periods of time meaning there's no obvious signs that there is anyone at home. It is also during the festive season that homes tend to have more valuable items within them, which could make them particularly attractive to burglars who will seize the opportunity. By making houses less appealing to burglars, people's homes are less likely to be targeted. For example by investing in timers for lights, it is possible to give the impression that someone is home when they may not be. In the run-up to Christmas, homes and business premises can be more vulnerable to criminals so we would like to urge all residents to make their properties less appealing to burglars. Never leave presents on show and try and give the impression that someone is at home. The message is clear, if you are engaged in burglary or handling stolen property in this area you will be targeted by the Police.

A Working Partnership Consisting of



Tigers Bay Interagency Forum Tigers Bay Concerned Residents Group North Belfast Com Dev & Transition Group Tigers Bay & Mountcollyer Community Voice Duncairn Community Centre Committee

COMMUNITY SAFETY PARTNERSHIP









FASA provide a range of services which include:

Targeted Education, Intervention, Treatment, Training & Crisis Response for dealing with experimental, problematic and dependant use of alcohol, drugs and other substances. Since 2006 FASA has developed further integrated services to support those directly or indirectly affected by suicide or self harm including prevention, intervention and postvention support as well as training, crisis response and bereaved family support groups. FASA works in partnership with all sections of society - sharing models of good practice and training with representative agencies such as; PBNI, Local Trusts, Education Boards, NIHE, Youth Justice Agency, Social Services, PSNI, plus a wide range of Voluntary & Community sector agencies/ groups. FASA is a caring, professional and highly skilled organisation which prides itself on a holistic integrated approach to those affected by Substance Abuse, Suicide or Self Harm. Support services are also offered to clients, family & friends to deal with related issues which may contribute

to their presenting condition .e. personal development, self esteem, confidence building, skills training, anger issues etc. Treatment Services are an integral part of the support and assistance offered to those in need of support in relation to Substance Misuse or Mental Health issues such as Family Intervention, Crisis Intervention, Counselling & Complimentary Therapies

FASA ON 90803040 for FREE CONFIDENTIAL ADVICE AND SERVICES

DRUG DEALING in this AREA "be a SQUEALER on a DEALER"

There is NO EXCUSE for turning a blind eye

DO IT NOW!!

0845 600 8000 Ask for YORK ROAD police 0800 555 111 CRIMESTOPPERS anonymously

DO IT NOW!!



Do you know someone with an addiction? Do you need help for yourself, a family member, or a friend? Would you like to talk to someone?

During 30 years of violence in North Belfast, many people tried to calm their nerves with medically prescribed tranquilisers. Others turned to alcohol. But now that the violence is over, the problems of addiction remain. The Helping Hand celebrates its 10th anniversary this year providing assistance both to those suffering from addiction and to their families. It meets twice each week and is open to all, regardless of religious or ethnic background. It has a mix of ages and includes both men and women. It provides long term support and counselling in a friendly, nonjudgemental and compassionate manner and has seen the vast majority of those

who attend it achieving major improvements to their lifestyles.

Transport can be arranged if required.

Its vision is to open a Drop In Centre which will operate everyday to provide support and a safe haven to aid recovery. The Housing Executive has offered it property on the Limestone Road and efforts are currently being made to raise the funds to repair and refurbish it. We do not subscribe to the view 'once an alcoholic, always an alcoholic' and have the evidence to prove our case. There is genuine hope that the chains of addiction can be broken permanently.

The Helping Hand meets in a hall of Crosscollyer St. Church (Top of Mountcollyer Avenue) on Tuesday nights 7.45pm - 9.45pm including supper, and Thursday mornings 11.15 am -1.45 pm including lunch.

For more information, or to arrange transport, contact Rev Robert Beckett on 07974759573

Tell Tale Signs of Drug Use

- Marijuana: Glassy, red eyes; loud talking and inappropriate laughter followed by sleepiness; a sweet burnt scent; loss of interest, motivation; weight gain or loss.
- Alcohol: Clumsiness; difficulty walking; slurred speech; sleepiness; poor judgement; dilated pupils; possession of a false ID card.
- Depressants: (including barbiturates and tranquillisers) Seems drunk as if from alcohol but without the associated odour of alcohol; difficulty concentrating; clumsiness; poor judgement; slurred speech; sleepiness; and contracted pupils.
- Stimulants: (including amphetamine):
 Hyperactivity; euphoria; irritability; anxiety; excessive talking followed by depression or excessive sleeping at odd times; may go long periods of time without eating or sleeping; dilated pupils; weight loss; dry mouth and nose.
- Inhalants: (Glues, aerosols, and vapours)
 Watery eyes; impaired vision, memory and
 thought; secretions from the nose or rashes
 around the nose and mouth; headaches and
 nausea; appearance of intoxication;
 drowsiness; poor muscle control; changes in
 appetite; anxiety; irritability; an unusual
 number of spray cans in the bin.
- Hallucinogens: Dilated pupils; bizarre and irrational behaviour including paranoia, aggression, hallucinations; mood swings; detachment from people; absorption with self or other objects, slurred speech; confusion.
- Heroin: Sleeping at unusual times; sweating; vomiting; coughing and sniffling; twitching; loss of appetite; contracted pupils; no response of pupils to light, with injecting users needle marks ('tracks') may be evident.
- **Tobacco/Nicotine:** Smell of tobacco; stained fingers or teeth.
 - All drugs: Regular, unexplained 'loss' of money or belongings as user funds drugs use.

Tell Tale Signs of Drug Use

Tigers Bay Mens Support Group

Tigers Bay Men's Support Group in conjunction with the WEA have organised an innovative ten week course which incorporates football to address issues associated with hooliganism and racism. Based in Duncairn Community Centre this project meets at 7pm every Thursday night. Please call in any Thursday night if you are interested in participating.

Tigers Bay Mens Support Group

Drug Dealing = Drug Abuse



Drugs like this are in this area!

Tigers Bay & Mountcollyer Policing & Safety Partnership

Our Partnership's aims include

Preventing people from misusing drugs substance and alcohol

Helping people to stop misusing drugs substance and alcohol

Helping people to cause less self-harm when misusing drugs, substances and alcohol

Stopping the illegal sale of alcohol to children under 18 years of age

Reducing drug, substance and alcohol related anti-social behaviour and crime

FASA 4 HELP fone 90803040

Crime?, Anti-Social Behaviour? or Suspicious Activity? - SEE IT?... REPORT IT!!



Reporting Crime, Suspicious Activity or Information to Police

In an emergency don't hesitate to dial 999

An example of an emergency is where serious injury has been caused or a crime is in progress and the suspects are at or near the scene.

Police will react immediately, and usually be there in minutes. Please be careful not to use 999 for non-emergencies...as somebody might require urgent

For a non-emergency ring 0845 600 8000, and ask for York Rd police. You will be dealt with by a local officer. Sometimes, if its busy, your call will go to our Call Handling Unit at Tennent St Station, but it should still be local police that will call with you whenever resources are available.

If you have information which you think will help police deal with crime in this area, please don't hesitate to contact us in any of the following ways.

- **Call in person** to York Road police station.
- Phone us on 0845 600 8000 and ask for York Road. You can give your information to the police officer that answers your call or alternatively you can ask to speak to a neighbourhood police officer who will record your information. If you wish to remain anonymous this will be respected.
- Phone Crimestoppers on 0800 555 111 totally anonymously and leave your information.
- Email: NorthAndWestBelfast@psni.pnn.police.uk

If you wish, you can also ask someone else to contact us on your behalf. This could be a Minister, Community Group, Councillor, MLA, friend or anyone else you are happy to trust.

What happens to the information you pass on to us?

The information all goes to another department. It is checked, assessed and graded, and if it looks like it may be of use, it can be acted upon. Please be assured that any information you give to us will be investigated. Be further assured Police will respect the security and source of all information received. Information provided by members of this community has helped us to reduce crime, anti-social behaviour and drug dealing in this area. **Well done Tigers Bay!!**

Brick Bandits Shaming the Bay minority of local people responsible for demolicities Blood to Street

Despicable, disgraceful, dangerous and embarrassing. Just a few words describing how most local people feel about brick bandits in this area. Hogarth Street has almost gone and there are fears that

those responsible for destroying Hogarth Street will turn their attentions to other parts of the Bay. The sad thing is that it isn't outsiders coming in to the Bay to take the brick, but a small number of local people who live in the Bay. You can help to ensure this doesn't happen! Do you know who is profiteering at the expense of this community? Do you know who is responsible? The Police and the Housing Executive, are actively pursuing a number of lines of enquiry and hopefully a number of prosecutions will happen in the not too distant future.



see, hear or know anything, report it directly to Police on 0845 600 8000 and/or the Housing Executive on 03448 920 900 (ask for North Belfast District)